

D-Group Discussion Guide: Transformation
February 10, 2010

1. Think of a time when you wanted to become like someone else. (Maybe in the way you dressed, acted, spoke...)
2. What is the difference between conforming to peer pressure (or wanting to be like someone you're not) and wanting to be more like Christ?
3. Christ wants to "transform" our lives or literally change us from the inside out to be more like him. What is the first and most important thing that has to happen before we can be transformed? (*We have to want it!*)
4. Which of the following best describes your desire to be like Christ:
 - a. I don't. I want to live my own way.
 - b. I do, but not enough to change.
 - c. I am trying but I just can't seem to get there.
 - d. I am willing to allow Him to change what I know needs to change.
 - e. He can have all of me and change me in ways I may not yet know.
5. How have you tried to become more like Christ? What happens when we try?
6. What are some ways that we can "train" to be more like Christ?
7. As teenagers, you are changing a lot in ways we may not expect or understand... in a few short years your bodies and minds are "transformed" from children into adults. When we give our whole hearts to Christ for His transformation, he changes our hearts in ways we may not expect. Describe some ways that you have changed in ways that surprised you:

Physically

Spiritually

8. Describe some ways that you know you still need to be transformed to be like Christ.
9. Pray as a group and ask God to make you open to His transformation no matter what.